

GREAT SMILES OF NEW JERSEY

2022

b My Social Book



GREAT SMILES OF NEW JERSEY

2022



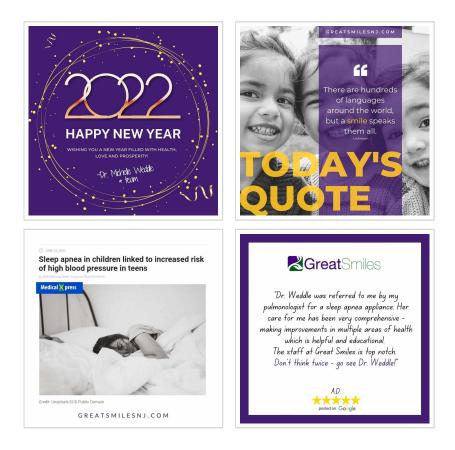
WE ARE CELEBRATING **Children's Dental Health Month** WITH A **CIVEAWAY! ENTER** FOR A CHANCE TO WIN A COPY OF "I LOVE MY TEETH" BY (aJANET.THEDOODLINGHYG(...)



SUMMARY

2022

January - February	6
March - April	
May - June	
July	38
August - October	
November - December	60
The most liked pictures!	



JANUARY - FEBRUARY 2022

"NEW VIDEO SHARED"

Tuesday, January 4th, 2:48 AM



www.instagram.com/p/CYTAaz1ImOl/



Spend time doing what you love, not hanging out at the dental office. With one-day crowns you'll get a beautiful smile without a second appointment. Tap the link in our bio to schedule an appointment -> @great_smiles_nj shorturl.at/wN239

📞 (908) 561-0225 🌐

www.greatsmilesnj.com 層 mail@greatsmilesnj.com 📍 10 Shawnee Dr A, Watchung, NJ 07069







Join The 21 Day Floss Challenge Regetcocofloss Commit to building a healthy habit and get on track to keeping your #teeth4lyfe! Floss daily and say hello to healthier gums, fresher breath, and a whiter, brighter smile. The two minutes you spend flossing has far-reaching benefits that will bring a smile to your lips — and not just because of your stellar dental hygiene.^(C) Evidence suggests that it takes at least three weeks to build a new habit. Join the 21 Day CocoFloss challenge and you will be on the path to becoming a floss boss for life! CocoFloss will send you a daily dose of FloMo (floss motivation) chock full of toothsome tips, facts, and inspiration to chew on while you floss. Join the challenge at cocofloss.com/pages/ 21days #GreatSmilesBetterHealth #drmichelleweddle@gmail.com #happyhealthy2022 #habits #21dayflosschallenge #newjersey #newjerseydentist Reposted from Gallthedentalthings

JANUARY 2022

"NEW VIDEO SHARED"

Sunday, January 9th, 7:50 AM



www.instagram.com/p/CYgop7_sHKh/



2021 was an incredible year! In addition to the work she does in our office for our patients, Dr.Weddle was busy helping other dentists learn how to better help children with sleep disordered breathing. Dental continuing education courses, podcasts and webinars are a

few of the ways she has been able to connect with other dental professionals, parents and patients. We are looking forward to many great opportunities to spread airway awareness in 2022! Reposted from @mommydentistsinbusiness After an incredible year and so many amazing guests, we are very excited to announce the top 5 #mdibpodcast episodes of 2021! 1. Dr. Mary Jane Hanlon 2. Dr. Dana Van Eslande 3. Dr. Maggie Augustyn 4. Dr. Stacy Ochoa & Dr. Michelle Weddle 5. Dr. Suzanne Mericle ** Thank you to the sponsors of the seasons these episodes aired on! #top5episodes2021 #GreatSmilesBetterHealth #greatsmilesofnewjersey #mommydentistinbusiness #sleepdisorderedbreathing #sleepdisorderedbreathing #sleepdisorderedbreathingawareness #healthylifestyle #healthychildren #sleepbetterlivebetter #sleepbetter #dentalpodcast #airwayawareness

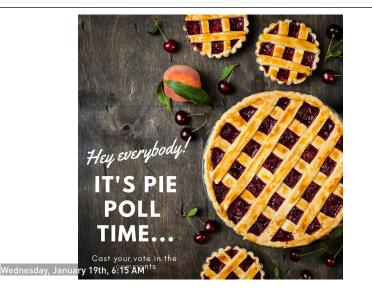


Which smile is your favorite? #GreatSmilesBetterHealth Reposted from @celebritydentistry #favoritethings #smile #smilingismyfavorite #beauty #rihanna #selenagomez #kyliejenner #kendalljenner #beyonce #nickiminaj #arianagrande #demilovato #mileycryus



We love providing 5- star dental experiences for our patients! Thanks for your feedback, Philip.

www.greatsmilesnj.com [™] mail@greatsmilesnj.com [↑] 10 Shawnee Dr A, Watchung, NJ 07069



We have a question... What is your favorite kind of pie? Cast your vote by liking or commenting on the options in the comments. ✓ Dr. Weddle is casting her vote for apple ● and mango ● pie. National Pie Day is this coming Sunday and we are ready to celebrate. #GreatSmilesBetterHealth #drmichelleweddle #newjersey #newjerseydentist #watchungnj #watchungdentist #nationalpieday #newjerseypie #cherrypie #applepie #mangopie #blueberrypie

"NEW VIDEO SHARED"

Friday, January 21st, 11:21 AM



∞ www.instagram.com/p/CY_sqD0t1F1/



We offer complete care not just for your teeth and mouth but for your whole body. Studies have consistently shown a link between

dental and general health, so you may live a longer, healthier life when your oral health is well cared for. In addition, we provide TMJ treatment which addresses the entire system of the jaw, mouth, neck, head, and shoulders as a system. Dr. Michelle Weddle is also a champion for the treatment of dental sleep medicine, and helps treat snoring, obstructive sleep apnea, and other sleep-related issues with oral appliance therapy, an effective treatment that is covered by most insurance providers.

\$(908) 561-0225 🌐

JANUARY 2022



Do you enjoy receiving our newsletter in the mail once a month? Give us a d or f in the comments below to let us know your thoughts! Would you like to join our mailing list? Send us a DM Tap the link in our bio to read our newsletter -> @great_smiles_nj ► MEET OUR 'OFFICE MOM' ► 3 BENEFITS OF STRETCHING ► HAPPY NEW YEAR! ► HERE'S HOW WE'RE PROTECTING YOUR FAMILY ► 3 THINGS TO INCLUDE IN YOUR POST-WORKOUT MEAL



KGreatSmiles

"Dr Weddle and her team are excellent. They are very knowledgable in thier field and spend the time to explain exactly the rationable behind thier treatment plan. I would definitley highly recommend them."



We're so grateful that you took the time to share your feedback with us. It's our pleasure to serve patients like you. Have a wonderful day! ~Dr. Weddle & team

💊 (908) 561-0225 🌐

www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 #greatsmiles #greatsmilesofnewjersey #gsnj #newjersey #newjerseydentist #watchungdentist #watchungnj #greatsmilesbetterhealth #newjerseypride #toothsaver #patientappreciation #dentist #dentaloffice #dentallife





We are celebrating Children's Dental Health Month with a 🤝 GIVEAWAY! **ENTER** for a chance to win a copy of "I Love My Teeth" by @janet.thedoodlinghygienist Each *LIKE*, *COMMENT* and SHARE = 1 entry. This is the perfect book to teach children about their teeth and how to take care of them. \nearrow We will announce one winner on 2/28/22 on Facebook and Instagram. Winner must respond within 72 hours to claim prize. ** No cash value** This Giveaway is not sponsored or associated with Facebook or Instagram. Reposted from @janet.thedoodlinghygienist Hello friends! I'm excited to share a project I began prior to the pandemic. 😂 I've written and illustrated a children's book about the importance of caring for your teeth and developing healthy habits! 📚 LOVE MY TEETH 🕏 #GreatSmilesBetterHealth #GreatSmilesofNewJersey #newjersey #newjerseydentist #childrensbooks #childrensdentalhealthmonth #childrensteethfacts #watchungnj #watchungdentist



Start your Monday off with a positive attitude and a SMILE!

FEBRUARY 2022

"NEW VIDEO SHARED"

Friday, February 4th, 9:35 AM



Chewing gum reduces bacteria in your mouth?



www.instagram.com/p/CZjjomTr8bP/



February 4th is National Bubble Gum Day TRUE! To date, the only chewing gums with the ADA Seal are sugarless. They are sweetened by non-cavity-causing sweeteners such as aspartame, sorbitol, xylitol, or mannitol. Chewing sugarless gum has been shown to

increase the flow of saliva, thereby reducing plaque acid, strengthening the teeth and reducing tooth decay. www.ada.org #greatsmiles #greatsmilesofnewjersey #gsnj #newjersey #newjerseydentist #watchungdentist #watchungnj #greatsmilesbetterhealth #newjerseypride #toothsaver #patientappreciation #dentist #dentaloffice #dentallife #bubblegum #nationalbubblegumday

HAPPY VALENTINE'S DAY



► Happy (almost) Valentine's Day! Roses are red, Violets are blue, Take care of your smile, And it'll take care of you. Comment "Happy Valentine's Day" or DM us now through 2/14/22 and we will mail you one of our Valentines Day cards with a Zollipop. @zollicandy #GreatSmilesBetterHealth #valentinesday #we yoursmile #newjersey #watchungnj #watchungdentist #newjerseydentist #valentinesdaycard #GreatSmilesofNewJersey #drmichelleweddle





GREATSMILESNJ.COM Saturday, February 12th, 11:12 AM

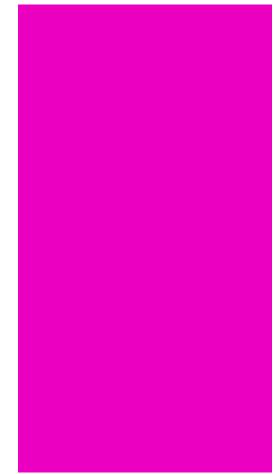
When snoring in children and toddlers is cause for concern

"Approximately 10% to 20% of kids may snore. Snoring is a sign of disturbed airflow from the nose and mouth to the lungs. If there is something getting in the way of the air moving, then your child snores," said Dr. Taher Valika, Lurie Children's Division of Otorhinolaryngology - Head and Neck Surgery. Read this entire Daily Herold article by clicking the link in our profile smart.bio. www.dailyherald.com/entlife/20220206/

 $when {\it -snoring-in-children-and-toddlers-is-cause-for-concern}$

"NEW VIDEO SHARED"

Tuesday, February 15th, 7:55 AM



www.instagram.com/p/CZ_6ntDt_jU/



#GreatSmilesBetterHealth

\$(908) 561-0225 **(**

www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 Reposted from @invisalign @vivera.retainers #invisalign #invisalignsmile #valentinesday

FEBRUARY 2022



We're so grateful that you took the time to share your feedback with us. It's our pleasure to serve patients like you. Helping our patients improve their overall health is our goal. Have a wonderful day!

?	WORDLE				d6 ≮	2
	G	R	E	Α	Т	
	S	М	L	L	E	

Are you one of the over 3 million WORDLE players across the world?

Tell us in the comments what your *first try/starter* word is \neg (Pictured; Wordle game from 2/8) Link in bio if you want to try playing WORDLE. www.powerlanguage.co.uk/wordle/ #greatsmiles #greatsmilesofnewjersey #gsnj #newjersey #newjerseydentist #watchungdentist #watchungnj #greatsmilesbetterhealth #newjerseypride #toothsaver #patientappreciation #dentist #dentaloffice #dentallife #wordle #greatsmile



Thank you for choosing us as your dental team for 2022! We can't wait to help you recommit to your well-being in 2022. We'll be there as you kick your bad habits and start new ones that will serve you better — all with big smiles on our faces! S After two years of masks and face shields, you might have forgotten what our faces look like.

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www.greatsmilesnj.com 10 mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 #greatsmiles #greatsmilesofnewjersey #gsnj #newjersey #newjerseydentist #watchungdentist #watchungnj #greatsmilesbetterhealth #newjerseypride #toothsaver #patientappreciation #dentist #dentaloffice #dentallife#iseefaces #smilealways #beautifulsmile #mask #drmichelleweddle #smiling #dentistry #prettysmile #smilemore #dentalassistant

"NEW VIDEO SHARED"

Thursday, February 24th, 5:37 AM



• www.instagram.com/p/CaWoSz7trG5/



We help patients like Lily everyday in our practice! Listen as her mom Ruby describes to Dr. Weddle some of Lily's symptoms that led them to identify her tongue tie was causing health problems.

\$(908)

561-0225 www.greatsmilesnj.com anail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 JUNE 23, 2021

Sleep apnea in children linked to increased risk of high blood pressure in teens



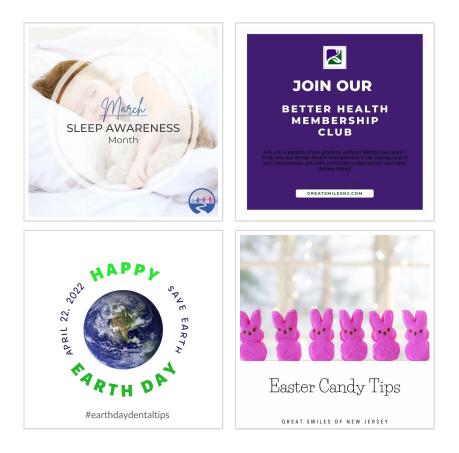
Credit: Unsplash/CC0 Public Domain

Saturday, February=2%Th\$ 7437-AM N J . C O M

Sleep apnea in children linked to increased risk of high blood pressure in teens "Children with obstructive sleep apnea are nearly three times more likely to develop high blood pressure when they become teenagers than children who never experience sleep apnea, according to a new study funded by the National Heart, Lung, and Blood Institute (NHLBI), part of the National Institutes of Health." ~by NIH/ National Heart, Lung and Blood Institute (Credit: Unsplash/CC0 Public Domain) Read this entire article by visiting the link below: medicalxpress.com/news/ 2021-06-apnea-children-linked-high-bl (active link in our profile smart.bio)



The winner of our Children's Dental Health Month book GIVEAWAY is.. 🛎 🛎 🐱 Ruby M.! Ruby, check your Instagram messages. #nationaltoothfairyday #childrensdentalhealthmonth #childrensdentalhealth #toothfairy #toothfairytime #GreatSmilesBetterHealth #drmichelleweddle



MARCH - APRIL



It's National Sleep Awareness Month!¹² Quality sleep is important for living a healthy life, but if your child is suffering from sleep-disordered breathing they're not getting the rest they need. Daytime sleepiness, difficulty focusing, mouth breathing, and snoring are just a few of the symptoms to be on the lookout for! Call us today and schedule a consultation with Dr. Weddle. (908) 561-0225 Looking for an ASAP Dentist outside of New Jersey? Click the link in our profile smart.bio. Reposted from @dasap.pathway ... #ASAPPathway #PediatricSleepApnea #ChildSleep #ChildSleepDisorder #SnoringProblem #SleepDisorderedBreathing #AirwayManagement #KidsHealth #ChildHealth #HealthyChildren #PediatricSleep #Pe #PediatricPatients #AirwayHealthDentistry #PediatricDentistry #Sleep #NationalSleepAwarenessMonth #SleepApneaTreatment #GreatSmilesBetterHealth #drmichelleweddle #njdentist #newjerseydentist



"Dr Weddle and her staff are amazing. She explains everything so that you know exactly what to expect. I would highly recommend."



Thank you, Tanika! We are so happy to hear your feedback and we truly appreciate your recommendation.



MARCH 2022

"NEW VIDEO SHARED"

Sunday, March 6th, 7:37 AM



www.instagram.com/p/CawzsTHAb4h/

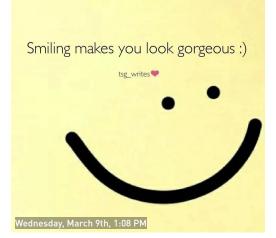


March 6th is DENTIST APPRECIATION DAY! Our team is grateful for Dr. Weddle and her commitment to dentistry, excellent patient care and health. We love and appreciate you today and everv dav!

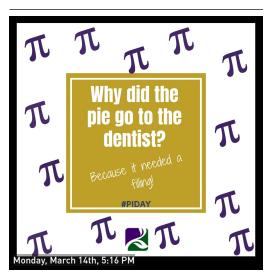


Thursday, March 17th, 1:03 AM REAT SMILES OF NEW JERSEY

Today is St. Patrick's Day...and it is also the day that 9 years ago Beatriz joined our team. Beatriz, we are truly lucky **#**to have you on our team! You are a blessing to our team and to our patients.



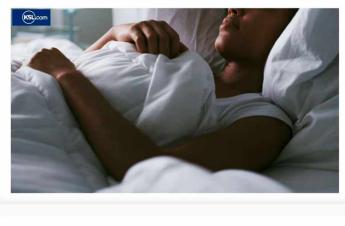
Make your friends smile by sending this :) . . . Reposted from @tsg writes Like, comment and share . #smilequotes #smileplease #smilequotes #smiley #smileface #quotes #beingreal #trustquotes #quotesonlife #GreatSmilesBetterHealth #tsg writes



Starting the week off with a little humor🙂 #piday #piday2022🥯

Cut nearly 300 calories a day by doing something you already do

By Sandee LaMotte, CNN | Posted - Feb. 7, 2022 at 5:33 p.m.





Welcome to the first day of SPRING!

The first day of a new season is a great time to change out your toothbrush or toothbrush head if you use an electric brush. Kick off the new season with a new, clean toothbrush.

Friday, March 18th, 7:33 AM GREATSMILESNJ.COM

Cut nearly 300 calories a day by doing something you already do

"Want to lose weight from sleeping? Try extending your sleep time so you are not sleep deprived. That's the startling outcome of a randomized trial that asked young, overweight adults who typically slept less than six and a half hours to try to sleep about eight and a half hours a night for two weeks." ~By Sandee LaMotte, CNN | Posted - Feb. 7, 2022 at 5:33 p.m. Read the entire article by visiting the link below: shorturl.at/egG07 (clickable link in our profile smart.bio)

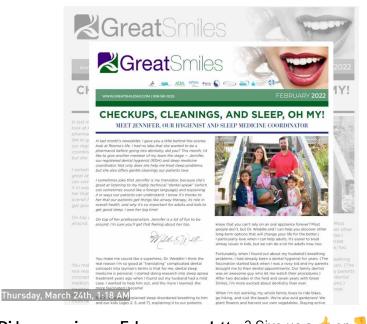


Thank you, Olga! Your review made our day! Our whole team works very hard to keep our patients happy, but we can only do it thanks to amazing patients like you.

\$(908)

561-0225 Www.greatsmilesnj.com mail@greatsmilesnj.com Watchung, NJ 07069

MARCH 2022



Did you receive our February newsletter? Give us a dor fin the comments below to let us know! Would you like to join our mailing list? Send us a DM Tap the link in our bio to read our newsletter -> @great_smiles_nj ► MEET JENNIFER, OUR HYGIENIST AND SLEEP MEDICINE COORDINATOR ► THE ANTI-INFLAMMATORY YOU NEED? A TIKTOK TREND INVOLVING PINEAPPLE JUICE ► SHOULD YOUR CHILDREN PLAY FOOTBALL? ► 3 FRIDGE HACKS TO BRING PEACE TO YOUR KITCHEN

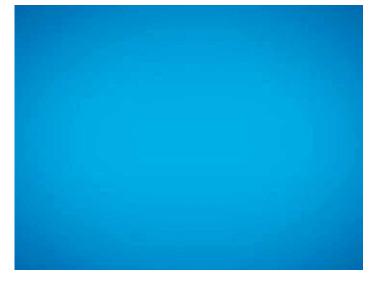


No Insurance? Our Patients Don't Need It! Join our *Great Smiles Better Health membership club* and get your preventive care for a low monthly subscription fee. Tap the link in our profile for details.

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CO "NEW VIDEO SHARED"

Tuesday, March 29th, 6:48 AM



www.instagram.com/p/Cbr8YaWJqAj/

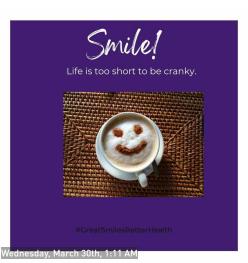


We love helping our patients transform their smiles with Ginvisalign . Have you been thinking about straightening your teeth? Call us today to schedule a consult. (908) 561-0225. Reposted from

@invisalign 👙 #invisalign #invisalignsmile #GreatSmilesBetterHealth #GreatSmilesofNewJersey #njdentist #watchungnj #watchungdentist

"You're not healthy without good oral health."

–C. Everett Koop Former U.S. Surgeon General



Smile! Life is too short to be cranky. #greatsmilesbetterhealth #smiledoctor #invisalignsmile #beautifulsmile #wecanhelp #njdentist #newjerseydentist #watchungdentist #watchungnj #wordsofwisdomwednesday

Monda<mark>y, April 4th, 6:38 PM</mark>

AmericasToothFairy.org

It's National Public Health Week. Children who can not access dental services are not only at a higher risk of tooth decay. They're also more likely to grow into adults with serious health issues. Visit @americastoothfairy to learn more about their mission to ensure every child can grow up with a healthy smile. Reposted from @americastoothfairy #NationalPublicHealthWeek #PublicHealth #OralHealth #DentalCareIsHealthCare #SaveSmiles #Smile #HealthyKids #HealthyTeens



Thank you Nassir! We appreciate you taking the time to give us a 5-star rating on Google. Happy to be your dentist and we look forward to seeing you at your next visit.

\$(908)

561-0225 www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 #greatsmiles #greatsmilesofnewjersey #gsnj #newjersey #newjerseydentist #watchungdentist #watchungnj #greatsmilesbetterhealth #newjerseypride #toothsaver #patientappreciation #dentist #dentaloffice #dentallife #google #googlerating #5star

CO "NEW VIDEO SHARED"

Wednesday, April 6th, 8:48 AM

SLEEP APPLIANCE PATIENT TESTIMONIAL

GreatSmiles



" I recommend it to anyone who has sleep apnea issues."

WWW CDEATEMILECHI C

www.instagram.com/tv/CcAwdJ7DE3x/



Many people who suffer from snoring & sleep apnea have a hard time using a CPAP. Our patient explains the reasons she recommends a dental sleep appliance; ☆Convenient ☆Easier to travel with ☆Doesn't require electricity ☆Easier to clean ☆Doesn't force air into your lungs If left

treated, sleep apnea can cause memory problems, high blood pressure, increased risk of stroke, decreased life expectancy, weight gain, depression or irritability, difficulty concentrating, impotency, headaches, and daytime fatigue. Call our office today to schedule an appointment and see if a dental sleep appliance could help you! (908) 561-0225 Tap the link in our profile for more information on sleep apnea. #GreatSmilesBetterHealth #GreatSmilesofNewJersey #drmichelleweddle #SleepApnea #sleepbetternj #njdentist #njdentistry #watchungnj #watchungdentist #sleepbetterlivebetter #depressionhelp #AirwayHealthDentistry

MEDICAL NEWS TODAY

Med News: Can childhood eczema be linked to problematic behaviors?

Wednesday, April 1/3th 1:11 AMILESNJ.COM

Read this recent article published in Medical News Today to learn about the connection between eczema, sleep and behavioral issues in children. **Link in our proflie**. "*The most common type of eczema is atopic dermatitis* (*AD*), *which affects more than* 9.6 *million children in the United States. The condition can cause discomfort and make it hard to sleep*, *potentially increasing a child s risk of behavioral challenges.*" ~BENEATH THE SURFACE OF ECZEMA Content created by Medical News Today and sponsored by their partners. Learn more by visiting the link in our profile.

"NEW VIDEO SHARED"

Tuesday, April 19th, 9:43 AM



www.instagram.com/tv/CciVEl1pLoM/



Pass it on! April is Oral Cancer Awareness Month Help raise awareness and we'll make a donation to The Oral Cancer Foundation! This campaign is running during the month of April 2022 benefiting @oralcancerfoundation and we hope you'll help! Simply share this information to your

IG or FB accounts and tag @great_smiles_nj so we see the share and we'll make the donation! While you're here, make sure you follow @great_smiles_nj to see future posts and the final donation. More information on oral cancer can be found by visiting www.oralcancerfoundation.org . This campaign is not sponsored or associated with Facebook or Instagram. #GreatSmilesBetterHealth #GreatSmilesofNewJersey #drmichelleweddle #njdentist #watchungnj #watchungdentist #dentistsofinstagram #oralcancerawareness #passiton #knowledgeispower #awarenesscampaign #youcanhelp #earlydetectionsaveslives



Easter Candy Tips

Saturday, April 16th, 1:02 AM

Today, we are sharing our dentist and hygienist approved candy eating secrets to help you prepare for Easter. Did you know that not all candy is created equal when it comes to your dental health? Did you also know that there are steps you can take to protect your teeth from decay when eating candy? **1** Dentists LOVE chocolate! Chocolate is usually the best pick if you are looking for a candy that is less likely to cause decay because it has a shorter retention time and in many cases, causes less of a pH change in your mouth than other candies. 2 Tooth-friendly candies exist! Zollipops and Dr. John's are two companies who are blazing a trail in the "dentist approved" candy market. You can find them on Amazon and retail stores such as Rite Aid, CVS and Target. After you eat candy, vigorously swish water around in your mouth. This helps to quickly remove sugar that is still on your teeth as well as bring the pH of your mouth back to neutral level, which helps to protect your teeth from damage.



Happy Earth Day! #earthdaydentaltip Turning off the water while brushing your teeth saves up to 2.2 gallons of water a minute. Small Changes=Big Differences #GreatSmilesofNewJersey #earthday

Friday, April 22nd, 7:28 AM #earthdaydentaltips

"NEW VIDEO SHARED"

Monday, April 25th, 6:49 AM



www.instagram.com/tv/CcxeAEcpEJz/



Wishing you a week full of smiles! #GreatSmilesBetterHealth



Ask Dr. Weddle



Drop your dental questions in the comments or DM! I'll be answering as many as I can during the next 24 hours!



Ask us your dental questions, we're ready!There are no stupid questions. Ready...Set...Ask!!



MAY – JUNE 2022

"NEW VIDEO SHARED"

Thursday, May 5th, 4:03 AM



by Mothers I

Sunday, May 8th, 2:11 AM

Wishing everyone a great Mother's Day weekend!



Tuesday, May 10th, 2:48 AM

The Daily Grind I'm not referring to your morning cup of coffee. Today, we're living longer and keeping our teeth longer too. People used to lose their teeth from gum disease. That's just not as big an issue as it was. At Great Smiles NJ, we're able to prevent most gum issues from progressing, especially if people come in for their recommended visits to the hygienist. Call us today to schedule your dental checkup! (908) 561-0225 www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 © www.instagram.com/p/CdK64soJV6H/



It's the smile treatment that complements every style and has been used by over 12 million smiles

worldwide. Call us today to schedule an Invisalign appointment. (908) 561-0225 Reposted from @invisalign #invisalign #invisalignsmile #GreatSmilesBetterHealth #GreatSmilesofNewJersey #njdentist



Dr. Weddle spent last weekend attending the American Academy of Dental Sleep Medicine (AADSM) Annual Meeting. ² Did you know that Dr.Weddle, along with two colleagues, (adrstacyochoa and (adrtraceynguyen developed an entire system for treating the pediatric airway and sleep pathway that they share with other dentists so they can better help their patients? #ASAPPathway Helping children sleep and live better is a passion of ours. Ask us for more information the next time you are in the office, or call to schedule an appointment. (908) 561-0225

#GreatSmilesBetterHealth #GreatSmilesofNewJersey #newjersey #njdentist #watchungnj #watchungdentist #drmichelleweddle

&GreatSmiles

I called in as an emergency because I was having pain. They took me in within 4 hours of their opening and was referred to an oral surgeon within the hour . I ended up with a molar extraction as well as an I & D due to an infection . Went home sore but thankful the problem was addressed immediately... due to the prompt and excellent patient care of Dr Weddle and her staff....



Our entire team works very hard to take excellent care of our patients. We truly appreciate this review!

(908) 561-0225 www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069

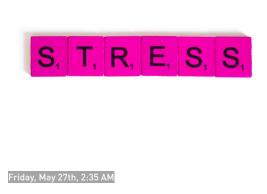


Our lips are sealed 😜 #BURSToralcare #kidssaythefunniestthings Reposted from @burstoralcare



Monday, May 23rd, 6:54 PM GREATSMILESNJ.COM

So proud of Dr. Weddle, Dr Dela Torre and our team for becoming an Invisalign [®] ☆GOLD☆ Provider! We have had the amazing privilege of improving many smiles over the years using Invisalign and achieving GOLD status means that you are entrusting your smile to a provider who has a higher level of experience and education. We use Invisalign every day to help our patients achieve their goals of beautiful, functional, healthy smiles. #GreatSmilesBetterHealth #drmichelleweddle #invisalignsmile #Invisalign #newjersey #InvisalignNJ #Watchungnj #watchunginvisalign. #GreatSmilesBetterHealth #drmichelleweddle #invisalignsmile #Invisalign #newjersey #InvisalignNJ #Watchungnj #watchunginvisalign



Q: What is the biggest problem we see that prevents people from keeping their teeth? **A**: Stress! Not the kind caused by aggravation, though that too can be a problem. The kind of stress we're talking about is when teeth don't hit properly. That tooth-to-tooth stress is the cause of more problems, as we get older than anything other than the number 2 problem, root decay.



Every month our newsletter includes a delicious recipe. Let us know if you have made any of them, we would love to know if you enjoyed it! Would you like to join our mailing list? Send us a DM Tap the link in our bio to read our newsletter -> @great_smiles_nj ► SUPER RECEPTIONISTS ► NATURAL TOOTHPASTE FAD ► VACATION GEMS ► SO, YOUR KID WANTS A CELLPHONE ► ONE PAN CHICKEN TACOS



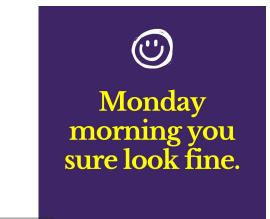




On this Memorial Day, we remember all of those who have served our country and paid the ultimate sacrifice for our freedom. We honor the military families who have endured so much. Have a safe Memorial Day!

Tuesday, May 31st, 2:56 PM

Happy #nationalsmileday ² A little friendliness and warmth can go a long way towards making that difference in someone's day so go for it, as its National Smile Day! Has anyone made a difference to you today? Reposted from @mindspacestamford #nationalsmileday #bekind #smile #connect #mentalhealthmatters #5waystowellbeing



Monday, June 6th, 6:45 AM

Wishing you a great week ahead! #GreatSmilesBetterHealth #mondaymood #mondayvibes #watchungnj

BEFORE





Wednesday, Qune 8th, 4:22 AM T S M I L E S N J . C O M

We love helping our patients smile again! Problem: Chipped front tooth/bridge. Cause: The crowding of the bottom teeth resulted in excessive trauma to the top teeth, eventually causing a fracture. See picture of how the teeth were hitting/fitting together like a puzzle. Solution: Bonding the front tooth and rounding the edge of the bottom tooth to prevent further traumatic wear. Prevention: This patient will wear a custom night guard to help prevent further shifting and will protect the teeth from damage that is often caused by grinding at night.

\$(908) 561-0225 🌐

AFTER

www.greatsmilesnj.com anail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069



Wednesday, June 8ths 4:22 AM ESNJ. COM

"NEW VIDEO SHARED"

Friday, June 10th, 3:32 PM



∞ www.instagram.com/reel/Ceo2YjSJh...



"NEW VIDEO SHARED"

Thursday, June 16th, 2:27 PM



www.instagram.com/reel/Ce4Jh8TJbzg/



Ladies & gentlemen the unstoppable Dr. Michelle Weddle Whether she's educating others on pediatric sleep apnea, giving someone the ability to LOL again by completely overhauling their smile, or relieving a patients decade long TMJ suffering. You'd be hard pressed to find a more educated, prepared and innovative dentist

than our Dr. WEDDLE 😂 🗑 🦾 • • • • • • • • • • #Invisalign #ClearAligners #Orthodontics #Teeth #Braces #Smile #Dentist #PalateExpander #HealthySmile #MSE #Marpe #POSA #TMJ #GeneralDentist #watchungnj #watchung #warrennj #bridgewaternj #bernardsvillenj #montgomerynj



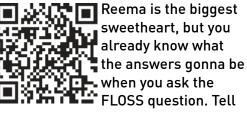
Wishing a Happy Father's Day to all the AMAZING dads out there! (Pictured: Dr. Weddle's dad, surrounded by his grandkids♥)

"NEW VIDEO SHARED" ര

Tuesday, June 14th, 6:49 PM



∞ www.instagram.com/reel/Cezf0A5Ju...



us the truth, how often are you flossing?? 🖷 😂 📍



We are 6 months into 2022, you should at least be on your second toothbrush by now! Changing your tootbrush with the change of the seasons is an easy way to stay on schedule! **How Often Should You Change Your Toothbrush or Electric Toothbrush Head**? Many dental professionals recommend changing your toothbrush about every three months, and the American Dental Association (ADA) recommends that you replace your toothbrush approximately every *three to four months*, or sooner if the bristles are frayed or you have been sick. That's because, no matter what type of toothbrush you use, its bristles can become frayed and worn and may lose their effectiveness. And clinical research shows that a new toothbrush can remove more plaque than one that's worn out, ensuring that your brush is working its hardest to help keep your teeth clean and healthy. (quoted from (doralb)



Wishing a very HAPPY BIRTHDAY to our hygienist, Jennifer! Jennifer brings so much energy, passion and knowledge to our office we are beyond lucky to have her on our team. We hope that you have a great birhtday celebrating with friends, family and doing your favorite activities.



Melatonin for kids: Is it effective? Is it safe?

June 13, 2022 by Nancy Fliesler

Thursda<mark>y, June 23rd, 5:19 АМ</mark>/.greatsmilesnj.сом

Parents frequently ask us about giving their

children Melatonin when their children aren't sleeping well. It's important to recognize that just because it's available over the counter doesn't mean it doesn't have a limit for safe dosage. Click the link in our profile.smart bio to read this article that explains the pros, cons and best practices for use of Melatonin with children.

" Melatonin may be beneficial for some children who have difficulty falling asleep, when the supplement is accompanied by a behavioral program to address the sleep problems. It is probably safe when used appropriately, at the correct dose for age, and in consultation with a health care provider." ~Dr. Judith Owens, co-director of the Sleep Center at Boston Children's Hospital, and Dr. Michael Toce in the Division of Emergency Medicine, who specializes in toxicology and was a co-investigator on the CDC study

Thursday, June 30th, 2:17 PM



• www.instagram.com/reel/CfcLVw_pRbs/



That amazing moment when your hygienist is done with your cleaning! 🤣 Our hygienist Jenn takes great pride in her work so you can be sure you're gonna walk out of Great Smiles shining bright like a diamond 🍞 The first step to an

Amazing smile is with your biannual cleaning. SO CALL US TODAY!! 😂 😂 • • • • • • • • • #WatchungNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway



If you see someone without a smile, give them one of yours #GreatSmilesBetterHealth #smileday #slinkyprints #posters #wallart #framedprints #nurserydecor #nurseryprints #kidsprints #quoteprints #welovehappywalls Reposted from @slinkyprints



GER!

JULY 2022

Tuesday, July 5th, 4:18 PM



www.instagram.com/reel/CfpSAspJmfU/



for you today. 2. Don't get your teeth straightened by a store in the mall. You wouldn't use Groupon to find your cardiologist would you? LOL # 3. Don't let your 6mo checkup pass you by. # 4. Do understand that the small amount of radiation you receive from dental x-rays is minuscule in comparison to carrying around a cell phone all day, every day glued to your hand, or clipped to your waist. #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway

"NEW VIDEO SHARED"

Sunday, July 3rd, 9:35 AM



www.instagram.com/tv/Cfjb3z8PPga/



JULY 2022

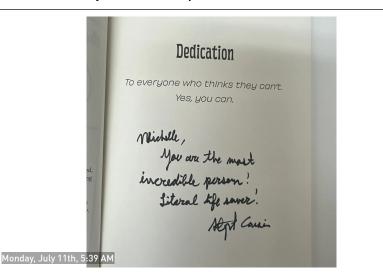
"NEW VIDEO SHARED"

Thursday, July 7th, 4:50 PM



www.instagram.com/reel/CfugniMpzb_/

Does your child have a hard time staying focused? One of the causes of this could be poor sleep or child sleep apnea. Dr. Weddle is Board Certified in Dental Sleep Medicine & could help you or your child rest better. And we all now better rest & recovery leads to better performance. Call us today for your Dental Sleep consultation! #WatchungNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway #DentalSleepMedicine





Happy One Year Work-aversary, Karine! Karine! Karine! Karine!



☆**PATIENT SPOTLIGHT**☆ Dr. Weddle was honored to get her copy of "Change the World in \$10 Or Less" signed by the author, our patient Stephanie Cansian! @slcansian Her book is available for purchase on Amazon. Inside, you will find: - Ways to gain body confidence: drop five pounds, eat real food, and make your skin glow. Drinking water helps a lot! - How to be inspired by the world around you, even if you live in the middle of nowhere. Nowhere to you is somewhere to someone else. - Some hard truths that you will face, and how to grow from them. You may find new friends if you use this book. Start seeing the world and your life for the unique creation that it is, was, and can still be today. You can #ChangeIn10 More about Stephanie... Stephanie is an email marketing coach who loves coffee, cooking, and pole dancing. She spends her free time writing about work/life balance, personal development, and productivity while creating social media content for her business and personal enjoyment. Stephanie can categorically confirm that Central Jersey exists, as she lives there with her husband and dog. #GreatSmilesofNewJersey #GreatSmilesBetterHealth #drmichelleweddle #changetheworld #changerheworldintendollarsorless #patientspotlight #NewJersey #newjerseyauthor

"NEW VIDEO SHARED"

Tuesday, July 12th, 7:26 PM



www.instagram.com/reel/Cf7qlckpCa-/

PRE-TREATMENT PLANNING!! We'll say it again for the people in the back, pre treatment planning is what it's all about.

The hours of treatment planning Dr. Weddle puts into your treatment long before you ever sit in her chair for a procedure is what sets her apart from others. Contact us today for your consultation! Improve your smile, improve your overall health and wellness.

#WatchungNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #Invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #Femaledentist #MSE #MARPE #POSA #Airway

JULY 2022



Did you receive our newsletter? Inside this issue: 🤎

Congratulations to our patient, Rodger! Aw your oral health and mental health link together Phow to beat your afternoon slump Sweet and Spicy BBQ Chicken Skewers Would you like to join our mailing list? Send us a DM Tap the link in our bio to read our newsletter -> @great_smiles_nj #GreatSmilesBetterHealth #GreatSmilesofNewJersey #drmichelleweddle #newjerseydentist #OralHealth #mentalhealthmatters #americanmuseumofnaturalhistory #tigerbeetles #extinctandendangeredinsects #grillrecipes #gsnjpatientspotlight





43

Friday, July 15th, 8:49 AM



• www.instagram.com/reel/CgCPh1srzrr/

Rich came in today for the "MOCK UP" step in his smile makeover! He got to see in real time the incredible smile he's going to have by the end of his Digital Smile Design journey. Have you avoided smiling big in photos? Have you been wanting to improve your smile for years now? Well now is the time! • • • • • • • #WatchungNJ #Watchung

#WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway #DSD #DigitalSmileDesign



"NEW VIDEO SHARED"

Wednesday, July 20th, 1:39 PM



www.instagram.com/reel/CgPo3Z6Ju...

THIS TEAM NEVER STOPS LEARNING Great Smiles completed further CBCT Training recently. We are

constantly learning and improving our skills and knowledge in order to bring our patients and community the best treatment options. Improve your oral health, improve your overall wellbeing. • • • • • • • • • #WatchungNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway

LITTLE MISS NO CAVITY CLUB



Monday, July 25th, 10:48 AM

@smallteeth_bigworld

Which #littlemiss are you? We ♥ all three! ☆Like Share Save ☆ Reposted from @smallteeth_bigworld Stitle Miss Pediatric Dentistry ★ . . . #smallteethbigworld #littlemiss #pediatricdentistry #kidsteeth #kidsdentistry #dentalhumor #dentalmemes #dentalmeme #predental #dentalassistantlife #dentalhygieneschool .





Monday, July 25th, 10:48 AM

@smallteeth_bigworld



We hope you are having a wonderful weekend! Are there any events happening this weekend we should check out? Let us know in the comments or DM. We are always looking for fun things to do with our families. #GreatSmilesBetterHealth #njsummer



LITTLE MISS

TOOTH FAIRY



Monday, July 25th, 10:48 AM @smallteeth_bigworld

"NEW VIDEO SHARED"

Wednesday, July 27th, 11:07 AM

ABOUT YOUR EXPERIENCE WITH INVISALIGN!



www.instagram.com/reel/CghZB4TvF3n/



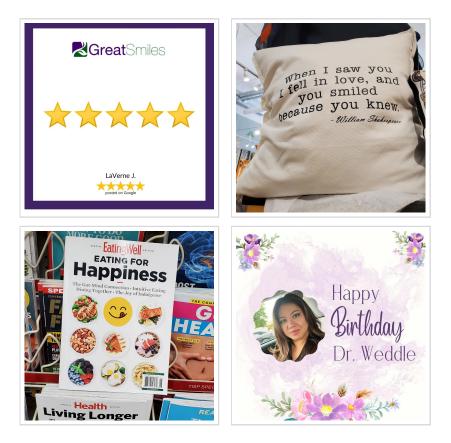
Our beautiful patient Barbara talks about her Invisalign journey with us. And just how happy she is with the decision. 👙 • • • • • • • • • #WatchungNJ #Watchung

#WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile

#TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway



Wishing I HaPpY bIrThDaY to our dental assistant, Mel! We hope your birthday weekend is full of fun, sun and cake! 🚢



AUGUST - OCTOBER

Tuesday, August 2nd, 3:44 PM



• www.instagram.com/reel/CgxVGE-JQkL/



GREAT SMILES would like to give a warm welcome to DR. WILMA RHO!! Dr. Rho will be working along side Dr. Weddle taking care of patients needs. She brings with her over 30 years of experience and the kind of excellence you've come to expect from Great Smiles.



We love providing 5-☆ dental experiences for our patients! Thanks for your feedback, LaVerne.

[908] 561-0225 www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 #GreatSmilesofNewJersey #GreatSmilesBetterHealth #NewJersey #newjerseydentist #watchungdentist #Watchungnj

Friday, August 12th, 4:54 AM

Nothing's better than seeing your kid smile. Nothing's better than seeing your kid smile. Nothing's better than seeing your kid smile. Nothing's better than

seeing your kid smile.

• www.instagram.com/reel/ChJ7clPrqie/



One thing @SulheeJessica's daughter Adeline will never grow out of? Her Invisalign® smile! As Adeline goes through her Invisalign journey, Jessica has been right by her side—and the duo is loving every moment. The best part? Because she can pop out her Invisalign aligners and eat

any food she wants, Jessica can still pack all her favorite snacks without restrictions and continue to reign as the Bento Box Queen. W Call us today to schedule an Invisalign appointment. (908) 561-0225 #GreatSmilesBetterHealth #invisalign #invisalignsmile #smilesquad #WatchungNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway Reposted from @Invisalign

"NEW VIDEO SHARED"

Monday, August 8th, 11:34 AM



www.instagram.com/reel/ChAVHo5A...



AMAZING TESTIMONIAL from David, one of our Sleep Apnea patients!! Through dental sleep apnea

treatment with Dr. Weddle, he was able to improve his breathing which improved his rest. Could you be breathing and sleeping better?? Give us a call today to schedule YOUR consultation. ? " •••••••• #WatchungNJ #Watchung #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway

Tuesday, August 16th, 2:03 PM





We love taking care of our patients SMILES! #smiledoctors #GreatSmilesBetterHealth #GreatSmilesofNewJersey #watchungnj #watchunginvisalign #watchungdentist #smilequote #smilemore

www.instagram.com/reel/ChVMcwSJRQS/



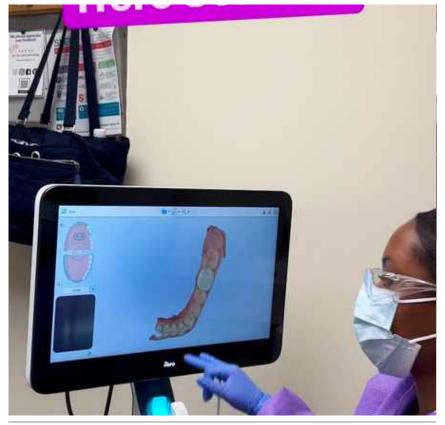
PRACTICE MAKES PERFECT RIGHT!? WRONG! PRACTICE MAKES PROGRESS! There is no such thing as perfect. Perfection is non attainable. If it was, one would cease to continue to learn and hone their craft when reaching it. That's why Dr. Weddle never stops learning about the newest

advancements in health sciences, participating in continuing education, and lecturing to her peers. Practice is what keeps us sharp. Always progressing. Always moving forward. $\textcircledightharpoints is sharp. Always progressing. Always moving forward. <math>\textcircledightharpoints is sharpoints is sharpoints in the always progressing. Always moving forward. <math>\textcircledightharpoints is sharpoints is sharpoints in the always progressing. Always moving forward. <math>\textcircledightharpoints is sharpoints is sharpoints in the always is sharpoint. Always is sharpoint in the always is sharpoint. Always is shar$

AUGUST 2022

"NEW VIDEO SHARED"

Tuesday, August 23rd, 12:33 PM



• www.instagram.com/reel/ChnDT8qpqEy/



DOES THE THOUGHT OF A GOOPY MESSY DENTAL IMPRESSION MAKE YOU WANNA GAG?? Ou're not alone! Impressions are one of the biggest hurdles we face with patients. BUT here at GREAT SMILES we are always improving our technology. Our itero scanner does away with

the need for messy impressions. Giving us a precise model of your tooth structure. So you can rest knowing that your visit with us will be as comfortable as possible. It's basically our bestie to exercise the second structure of the second structure #WarrenNJ #BridgewaterNJ #BernardsvilleNJ #MontgomeryNJ #HealthySmile #TMJ #TMD #GeneralDentistry #ClearAligners #PalateExpander #invisalign #ClearBraces #Orthodontics #Teeth #Smile #Braces #Dentist #femaledentist #MSE #MARPE #POSA #Airway



If dental problems are making eating difficult for you, we can help! Call our office today to schedule an appointment. (908) 561-0225 www.greatsmilesnj.com mail@greatsmilesnj.com Shawnee Dr A, Watchung, NJ 07069 #GreatSmilesBetterHealth #wecanhelp #happiness



Wishing Dr. Weddle a happy birthday!! Fo another awesome year and even more success for all you do. Have an amazing day!





Mark your calendars! ? October 15th is Invisalign day at Great Smiles! Reserved your appointment now by clicking the link in our bio!

"NEW VIDEO SHARED"

Wednesday, September 21st, 12:51 PM



www.instagram.com/p/CixxWlDJL7t/



Got our Invisalign gold ring just in time for Invisalign day, October 15th! #goldstatus #invisalign

#watchungnj #dentist #ortho #orthodontist #somersetcounty #greatsmiles #aacaligners

INTERESTED IN INVISALIGN?

TOTAL SAVINGS: \$ 3200

SAVE \$1000 OFF OUR EVERYDAY PRICE SAVE \$550 OFF RETAINERS SAVE \$750 OFF IMAGES AND RECORDS SAVE \$650 OFF PROFESSIONAL WHITENING (SO YOU CAN SMILE YOUR BEST) SAVE \$250 OFF AESTHETIC CONTOURING

PLUS A 2 -YEAR 'NO QUESTIONS ASKED' GUARANTEE ON YOUR SMILE

September 23rd, 12:21 PM

GreatSmiles

"What an amazing friendly staff, and Dr. Weddle is a caring and a conscientious doctor. Her time with me was limitless never made me feel that I was taking up too much of her time explaining my issues and concerns. She was with me for a long time, **excellent listening and made sure I** walked out of the office feeling better and confident that I am in good hands. Thank you."

Ann Marie C.



Thank you, Anne Marie! We are so happy to hear your feedback and we truly appreciate patients like you.

(908) 561-0225 ⊕ www.greatsmilesnj.com mail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069

Monday, October 3rd, 5:11 PM



www.instagram.com/reel/CjRIKX2JYAV/



Change is in the air > This season, join the 13 million people who have transformed their smiles smile with Invisalign® clear aligners. Join our one day Invisalign event for \$3200 in savings! When: October 15, 2022 Where: 10 Shawnee Dr A, Watchung, NJ 07069 Call or

message us with any questions and to reserve your appointment. (908) 561-0225 Reposted from @invisalign #invisalign #invisalignsmile #InvisisWhenEverythingClicks #greatsmilesbetterhealth #greatsmilesofnewjersey #newjerseyinvisalign #watchungnj #somervillenj #newyorkinvisalign #newyorkinvisaligndentist

"NEW VIDEO SHARED"

Saturday, October 1st, 8:24 AM



www.instagram.com/reel/CjLCzGev_...



Happy International Coffee Day! 🗁 We hope you have a relaxing first weekend of October.

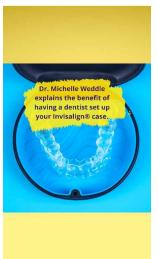
#greatsmilesofnewjersey #internationalcoffeeday #greatsmilesbetterhealth #newjerseydentist #watchungnj #somervillenj #coffeetime #hellooctober #drmichelleweddle



One week to go! Don't miss our FREE Invisalign event on Saturday, October 15th! Save up to \$3200.00 on your **your new straighter**, **whiter smile**! Plus you will have the chance to spin the prize wheel and enter our grand prize draw to win a \$2000 VISA card!! Everyone who starts treatment with us between now and October 15th will also be entered to win prizes and an entry to claim our GRAND PRIZE. Bring your Best Friends or Family Members along and get 4x the Grand Prize entries when you do Invisalign together. The grand prize draw and spin to win will be done via FB live on October 15th at 2pm. For more information or to book please call us at (908) 561-0225 #invisalign #straightteeth #smilemakeover #offer #spintowin #newjerseyinvisalign #newjerseydentist #newjerseylocal #watchungnj #somervillenj

"NEW VIDEO SHARED"

Wednesday, October 5th, 12:24 PM

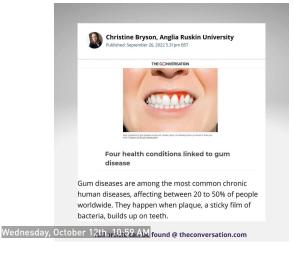


www.instagram.com/reel/CjVxz_vp3-j/



Take a look behind the scenes of how Dr.Weddle creates beautiful smiles with Invisalign •• Wondering if Invisalign

is right for you? Join us on October 15th for Invisalign Day @ Great Smiles of New Jersey. Call or message us for ALL the details, including \$3,200 in savings! (908) 561-0225



October is National Dental Hygiene Month! This is a great article Dr. Weddle found that talks about health conditions linked to gum disease. theconversation.com/amp/ four-health-conditions-linked-to-gum-disease-1900 (link in smart.bio I'm profile)

Monday, October 24th, 5:58 AM





insurance "lose" hundreds – even thousands – of dollars each year because they fail to use their FSA money and insurance benefits before the calendar year ends. Once these benefits are gone, they are lost forever and can't be applied to the next year. So, if you are due for a checkup and cleaning or need additional dentistry done, give us a call at 908-561-0225 1onday, Octobere 17th; 4:49=AMd schedule an appointment.

The end of 2022 is quickly approaching. Schedule your appointment today to beat the end the year-end rush! (908)561-0225 online.flippingbook.com/view/ 307511660/

Su

Niracles In Life

www.instagram.com/reel/CkGAvn5v-xl/



Did you receive our newsletter? Inside this issue: The truth about your teeth and heart disease 🥺 Candy eating tips ᢃ Three ways to stop grinding your teeth 👀 Spooky eye ball spagetti recipe Would you like to join our mailing list? Send us a DM Tap the link in our profile to read

our newsletter. #GreatSmilesBetterHealth #GreatSmilesofNewJersey #drmichelleweddle #newjerseydentist #OralHealth #hearthealth #spookyspagetti #teethgrinding #halloweencandy

ThurSday, October 20th, 4:24 AM New Jersey

Wishing you a Thursday full of SMILES! 🙂 #thursdaythoughts #midweekmotivation

OCTOBER 2022



ENTER FOR A CHANCE TO WIN OUR GIVEAWAY! ^(*) Tell us your favorite Halloween candy in the comment section below ^(*) Each person to comment earns one entry for a chance to win this spooky-good set of 12 fun-sized Cocofloss Minis that will transform even the stickiest smiles into glowing grins. ^(*) Halloween is all about sinking your fangs into ooey-gooey sweets. But when teeth start to feel hairy, things get scary. ^(*) (One winner will be contacted 10/31/22 thru DM. This giveaway is not associated or sponsored by Meta or CocoFloss. Prize must be claimed by 11/7/22.) PC @getcocofloss

Monday, October 31st, 5:37 AM

"NEW VIDEO SHARED"

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∞ www.instagram.com/reel/CkX_UVFN...



#halloween #happyhalloween #watchungnj #somervillenj #spookyseason

"NEW VIDEO SHARED"

Monday, October 31st, 5:12 PM

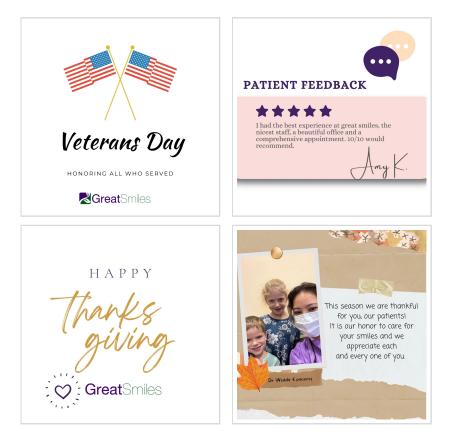


www.instagram.com/reel/CkZPIEvJyU3/



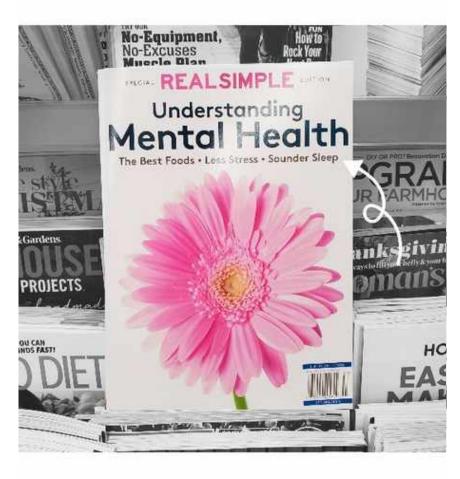
Keep your fangs looking sharp with this @getcocofloss Trick-or-Treat 12 pack of mini flosses! There is still time to enter for a chance to win! Check out our story above #happyhalloween #cityofwatchung

#njdentist #cocofloss



NOVEMBER - DECEMBER 2022

Tuesday, November 8th, 12:32 PM



ASAP pathway Irway Sleep & Pediatrics Berefer Cart Wat Friday, November 4th, 2:17 PM

Last week, Dr. Weddle co-hosted a LIVE two day , hands-on course. This course was taught by Dr. Ilya Lipkin, a board certified orthodontist and focused on adult expansion to open and improve oral and nasal airway passages. Dentistry continues to advance and Dr.Weddle is committed to offering our patients the best treatment options!



HONORING ALL WHO SERVED

Friday, November 11th, 9:07 AM

Home of the free because of the brave With respect, honor and gratitude, THANK YOU to all who have served!

www.instagram.com/reel/CktUoFrpkTF/



We love to help our patients sleep better! ↓². Poor sleep negatively affects → The immune system → Weight → The cardiovascular system → Hormone levels → The brain → Fertility Ask us how we can help during your next visit...or send us a DM.

_ 📞 (908) 561-0225 🌐

www.greatsmilesnj.com anail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069

Wednesday, November 16th, 11:04 AM

Smile Transformation GreatSmiles

"NEW VIDEO SHARED" ര

Saturday, November 19th, 9:49 AM



www.instagram.com/reel/ClByGrMpkFu/



Helping our patients achieve the smile they've always wanted is "our thing"! If your goal is straighter teeth, a comfortable, stable bite, improved health and function related to chewing, swallowing, breathing and/or sleep we are here to help. Call or message our office to

schedule an appointment.

📞 (908) 561-0225 🌐 www.greatsmilesnj.com 📧 mail@greatsmilesnj.com 📍 10 Shawnee Dr A, Watchung, NJ 07069 #watchungnj #somervillenj newjerseydentist #smilemakeover #smiletransformation #drmichelleweddle #greatsmilesbetterhealth

> Wishing Happy Thanksgiving to all who read this! We hope your holiday is filled with friends, family, and a delicious meal!

www.instagram.com/reel/ClJX5ZzrM...



Our November newsletter is here! If you missed it, click the link in our profile above to read Dr Weddle's favorite

family destination for out-of-town quests in New Jersey; she debunks four nutritional myths and shares a life-changing secret. This month's edition also has an amazing recipe called "Lentil Bolognese" so check it out before dinner tonight :) #thanksgivinginnj #newjerseylocal #Mythbusters #lentilbolognese #lifechangingsecrets #drmichelleweddle #GreatSmilesBetterHealth #GreatSmilesofNewJersey #njdentist #watchungnj #somervillenj

HAPPY

GreatSmiles November 24th, 7:05 AM



PATIENT FEEDBACK



I had the best experience at great smiles, the nicest staff, a beautiful office and a comprehensive appointment. 10/10 would recommend.

Tuesday, November 22nd, 5:12 AM

Thank you, Amy! We appreciate your feedback and your recommendation. We are happy to hear that you had a great experience! We look forward to seeing you at your next visit. (908) 561-0225

www.greatsmilesnj.com anail@greatsmilesnj.com 10 Shawnee Dr A, Watchung, NJ 07069 #googlereviews #patientappreciation #watchungnj #watchungdentist #GreatSmilesBetterHealth #greatsmilesofnj #somervillenj #newjerseylocal #newjerseyinvisalign #newjerseydentist





We are excited to support our local community this time of year! We'll be sharing some of our favorite local businesses to our stories this month. Share your favorite, local small businesses with us by tagging them in the comments or DM us the info. Happy shopping/supporting! #watchungnj #somervillenj #newjerseylocal #smallbusiness #shoplocal

NOVEMBER 2022



Invisalign is suited for teens and adults who want to straighten their teeth without wearing traditional metal braces. The Invisalign system uses a series of clear aligners or trays to slowy move your teeth into the perfect position. They are clear and when in your mouth, are almost completely invisible! ▲ Send us a message if you are interested in starting your teeth straightening journey. ☆ Ask us about utilizing your 2022 FSA or HSA to start treatment☆ #watchungnj #somervillenj #watchungdentist #watchunginvisalign #somervilledentist #drmichelleweddle #GreatSmilesBetterHealth #GreatSmilesofNewJersey



"What sunshine is to flowers, smiles are to humanity."

- Joseph Addison

Monday, December 5th, 4:13 PM

"What sunshine is to flowers, smiles are to humanity." - Joseph Addison 🥯 🜻 . . . #GreatSmilesBetterHealth #GreatSmilesofNewJersey #mondaymotivation #quarterfielddentalarts #smilesmilesmile #smilefordays #prettysmile #smileeveryday #smilemore #smilealways #instasmile #floss #flossing #positivity #positive #goodvibes #happyteeth #tooth #dentistrylove #perfectsmile #loveyourself #teeth #dentist #dentistry #dental #dentalpractice #kindnessmatters Reposted from **O**quarterfielddentalarts





Hermey + Shelf Elf + Buddy The Elf= The greatest elf collaboration of all time! Do you need one of our complimentary elf kits for your elf? Send us a message and we'll put one together for you! Visit the link below for Elf adventure ideas pin.it/29DgNcv #GreatSmilesBetterHealth #dentalelfadventures #watchungnj #somervillenj #somervilledentist #watchungdentist #njdentist



Saturday, December 24th, 8:08 AM

'TIS THE SEASON No matter what holiday you celebrate, we'd like to wish you a safe and happy holiday season and a peaceful and prosperous New Year!



We would REALLY appreciate your vote for our gingerbread houses! Tap on Gallthedentalthings and comment #2 on the gingerbread post to vote for our house. (only comments left on the original post will count) If our houses win against the other competing dental offices a donation will be made to Hope Water Project. We appreciate your vote! (We also want to thank Jennifer and her helpers for the amazing job they did creating these houses!) #hopewaterproject #GreatSmilesBetterHealth #GreatSmilesofNewJersey #watchungni #somervilleni #somervilledentist #watchungdentist #gingerbreadhousecompetition

Friday, December 16th, 6:32 AM



DECEMBER 21ST

Hello Winter!

Friendly reminder to change your toothbrush or toothbrush head www.instagram.com/reel/Cm0iVlNL1pw/



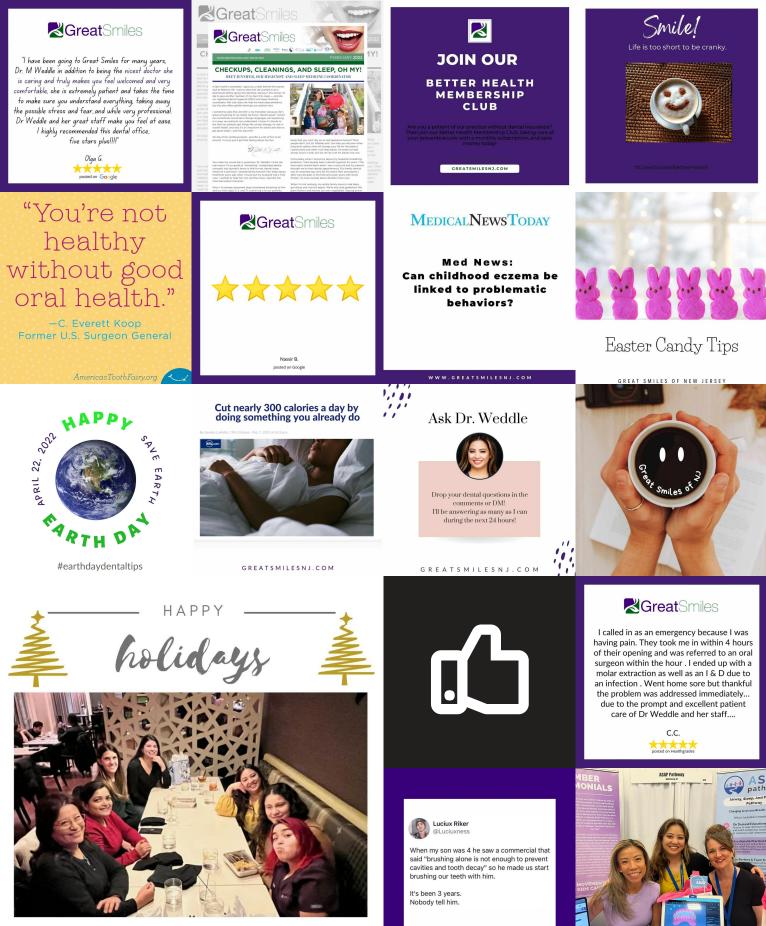
Our December newsletter is here! If you missed it, click the link in our profile above to read this month's edition. #newjerseylocal #teething #dentures #implants #shepardspie #antidiet #drmichelleweddle

#GreatSmilesBetterHealth

#GreatSmilesofNewJersey #njdentist #watchungnj #somervillenj



Wednesday, December 21st, 12:17 PM



FROM THE ENTIRE GREAT SMILES TEAM





HELLO

Time to change your toothbrush/toothbrush head

THE MOST LIKED PICTURES!



***.

National Smile Day



Happy Mothers Day!

HAPPY <mark>9</mark> YEAR WORK-AVERSARY





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